

Liz Brunner

KEYNOTE SPEAKER | EXECUTIVE COACH |
AUTHOR | COMMUNICATION EXPERT

ABOUT LIZ

Liz Brunner is a sought-after keynote speaker, professional emcee, and executive coach, helping leaders, organizations, and event audiences harness the power of communication, confidence, and intentional transformation. As the CEO and founder of Brunner Communications, she has spent more than 35 years in media and communications, working with high-profile individuals and global brands to build compelling reputations and master powerful storytelling.

A dynamic keynote speaker, Liz has taken the stage at corporate conventions, leadership summits, and top universities, including Stifel, the Barron's Women Summit, Hewlett Packard and the CoreNet Global Summit. She is also an experienced professional emcee, having hosted high-profile events and moderated conversations with industry leaders.

Before launching Brunner Communications in 2013, Liz was an Emmy Award-winning TV news anchor for ABC-TV's WCVB NewsCenter 5 in Boston, where she co-anchored the #1-rated 6 PM newscast and covered major breaking news stories. She conducted exclusive interviews with world leaders and cultural icons—including Oprah Winfrey and President Barack Obama—earning her recognition as one of the nation's top broadcast journalists.

Now, as a Certified Professional Coach (CPC), Liz helps executives, professionals, and emerging leaders elevate their presence, storytelling, and influence through one-on-one coaching, and corporate workshops. Her Brunner Academy online learning platform provides premier speaker training, including the acclaimed course, "How to Be a Rock Star Public Speaker," endorsed by legendary business speaker Brian Tracy. Liz is the best-selling author of *Dare to Own You: Taking Your Authenticity and Dreams Into Your Next Chapter*, featured in Forbes and winner of multiple book awards, including the Book Excellence Awards and Feathered Quill Book Awards. Her podcast, *Live Your Best Life with Liz Brunner*, has been recognized with "Best Host" and "Best Lifestyle Podcast" awards, featuring inspiring stories of reinvention and success.

Liz's contributions to journalism, leadership, and communications have earned her multiple Emmy Awards, two National Gracies, an Edward R. Murrow Award, and an Associated Press Award. She is a dedicated community leader, having served on the Make-A-Wish Massachusetts and Rhode Island Board of Directors and the Boston Chamber of Commerce's Women's Network Advisory Board.

A classically trained vocalist with a Bachelor of Music degree from the Lawrence University Conservatory of Music, Liz has performed with the Boston Pops and at professional sporting events.

