



PUSH

WHAT'S POSSIBLE™

THE OLYMPIC FORMULA

for breakthrough achievement that turns great teams into unstoppable ultra performers.

Johnny Quinn is an energetic keynote speaker, U.S. Olympian, and former professional football player who helps organizations Push What's Possible™ by turning great teams into unstoppable ultra performers who stay ready for what's next. As the third person in history to play pro football and compete in the Winter Olympics, Johnny brings a rare perspective on breakthrough performance under pressure. His journey from being cut three times from the NFL and losing \$2.6 million in contracts to making the 2014 U.S. Olympic bobsled team underscores his core message: major setbacks aren't the end of your story—they're just the beginning. His P.U.S.H. framework has equipped thousands to make possible both an attitude and a habit, so they collaborate under pressure, stay agile during disruption, and build unstoppable momentum no matter the season.



MOST REQUESTED **SPEAKING TOPICS**

TEAMWORK

PUSH WHAT'S POSSIBLE™

The Olympic Formula for Breakthrough Performance in Any Season

OVERCOMING ADVERSITY

WHEN "NO" MEANS "NEXT"

The Olympic Mindset that Turns Setbacks into Comebacks

LEADERSHIP

WINNING LEADERSHIP

How to Build Unstoppable Teams that Outperform the Competition

CHANGE MANAGEMENT

STAY READY FOR WHAT'S NEXT

How to Build Agile Teams that Thrive When Everything's Changing